

# Whole Care From the Start

FOR LIFE'S GREATEST ADVENTURE



  
**Advent Health**

# Pregnancy Care Delivered with Warmth and Compassion

At AdventHealth, we've carefully created a safe, welcoming environment — the perfect place to meet your new baby. With convenient locations near you, we're dedicated to providing a wide range of maternal, fetal and newborn care programs for your growing family.

Our experienced and dedicated staff of medical professionals understand the need for compassion when treating new moms and guiding them through a successful pregnancy. Our approach is to ensure you have everything you need during this time while also helping you prepare for birth and parenthood.

## Trusted Experience

AdventHealth is home to expert physicians, specialists and care teams that focus on the health and well-being of both mother and baby throughout the pregnancy journey. Our services include midwifery, high-risk pregnancy management, advanced fetal medicine, advanced neonatal care, breastfeeding support and parent education. Take comfort in knowing that highly specialized care is close to home.

## Convenient Locations

Each location throughout the AdventHealth network offers the same quality maternity care tailored to you and your baby.

- [AdventHealth Tampa](#)
- [AdventHealth Wesley Chapel](#)
- [AdventHealth Zephyrhills](#)
- [AdventHealth Ocala](#)
- [AdventHealth Sebring](#)





## The Birth Day Experience

The birth of your baby is one of the most precious moments of your life. At AdventHealth, we understand just how special that moment is. That's why we personalize every step of the birth experience for you. Discover a new level of customized care with our comprehensive obstetrics services, including a Birth Designer and Birth Advocate team to assist you throughout your journey and special touches to create a one-of-a-kind celebration for your baby's real birth day.

### The Birth Day Experience Team:

- Meets with you one-on-one to create a personal birthing plan
- Answers labor and postpartum questions to put you at ease
- Serves as your personal liaison between your obstetrician's office and The Baby Place (OB department)
- Provides support throughout pregnancy, delivery and postpartum care

# Exclusive Tailored Services

We believe every woman should have the opportunity to create the birthing experience of her dreams. That's why we offer a specially trained team committed to making you feel comfortable and pampered according to your own specifications. This includes Your Time Delivery Meal Service for mom and dad, an extra special meal for mom and day, and concierge services for you and your family. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your unique personality.

## Personalized Amenities

We offer a wide range of personalized amenities to make your stay as comfortable as possible. From complimentary valet parking upon your arrival to room service, thoughtful touches are designed with your family in mind. Our private rooms combined with superior service create a special experience as you welcome your new arrival.

## Lactation Support

Beneficial to both mom and baby, we strongly support and encourage breastfeeding as the healthiest method of infant nutrition. In fact, we provide daily lactation consultation rounds and your nurse is also available to assist with breastfeeding. After you leave the hospital, our postpartum support groups offer continued guidance.

## Parenting Classes

The goal of our parent education classes is to enable you to start this new phase of your life with confidence and excitement. We offer a variety of courses to cover topics such as physical and mental preparation for labor and birth, breastfeeding, newborn care and more. Because they fill up quickly, we recommend registering for classes during your second trimester and taking them in the third trimester.





## Pediatric Specialty Care

We have made it our purpose to provide your family with the most advanced pediatric medical services built on the foundation of treating all of our patients as if they were our own. While many children treated in one of our emergency rooms and then release home, sometimes children need more intensive care services. With child-friendly healing environments equipped with state-of-the-art technology and specialized staff, we are here for your child, to ease your mind, calm your nerves and deliver the best care possible. We have made it our purpose to provide your family with the most advanced pediatric medical services built on the foundation of treating all our patients as if they were our own.

## Neonatal Intensive Care Unit (NICU)

If your baby needs close monitoring and attention, our neonatal intensive care units (NICU) are staffed 24 hours a day with specialized neonatal care nurses, as well as board certified neonatologists, neonatal respiratory therapists and rehabilitation experts within our AdventHealth network. Your baby is the light of your life, and you want to be involved in their care. That's why we include you in every decision, encourage you to visit your child in our family-centered environment, and work with a multidisciplinary approach to care for your child and give you support you need. In the face of the unexpected, let us meet your expectations.



# Additional Resources for You

## Chaplain Services

Chaplain services are available to all families, with chaplains making regular visits to every floor in the hospital. Any AdventHealth team member can request a chaplain for you, so please feel free to ask. A chapel is open at each hospital 24 hours a day, seven days a week, and is available to all visitors.

## Insurance Questions

If you have questions or need advice regarding your insurance coverage, your Birth Experience Team will be happy to help you through the process.

## Pre-Registration

We also offer pre-registration to make your arrival on your due date more convenient, allowing you to be escorted once you arrive and complete the registration process at your bedside.

## Next Steps

If this is your first baby, you might have a lot of questions. And even if it isn't, you may need a few reminders. Take heart knowing you have us as your partner on the pregnancy path and beyond. Every journey begins with a single step, so let's get started.





## Visit Us

We recommend you schedule a tour to see our birthing suites and facilities. Depending on your preference, we can schedule a private tour for you and your family, or you can join a larger group tour. To schedule a tour, please call **844-586-4681** today.

This guide is provided to the general public to disseminate health-related information. The information is not intended to be used for diagnosing or prescribing. Please consult your physician before undertaking any form of medical treatment and/or adopting any exercise program or dietary guidelines.

AdventHealth is a trusted member of one of America's largest, not-for-profit health care systems.

