

# Ear, Nose and Throat Care

Your Conditions and  
Treatments Guidebook





## Discover Expert Ear, Nose and Throat (ENT) Care

Healthy ears and a healthy nose and throat are essential to hearing, eating, sleeping and countless other daily activities. So, when ear, nose and throat (ENT) symptoms and conditions slow you down — whether it's a result of an injury, illness or health condition — you deserve trusted, expert care.

From common allergies or ear infections to advanced diseases like cancers of the head and neck, our ENT specialists are here to accurately diagnose and effectively treat the spectrum of ENT conditions, at all stages of life. Our team is comprised of dedicated, highly skilled otolaryngologists, surgeons, nurses and technicians who use some of the most advanced, minimally invasive techniques available to promote faster, better healing.



# Understanding Ear, Nose and Throat Conditions

Many different conditions of the ears, nose and throat exist, and they can affect your voice, airway, hearing, speech and sinuses. Both children and adults can experience ENT conditions, and some issues may be minor while others require ongoing care. At AdventHealth, your team of ENT specialists can help you overcome these conditions with the latest advancements in ENT care.

## Ear Conditions

- **Conductive hearing loss:** sound cannot travel through the outer and middle ear
- **Deafness:** ranges in severity and may be from an injury, disease or age
- **Ear infections:** a bacterial or viral infection affecting the middle ear
- **Sensorineural hearing loss:** permanent hearing loss from inner ear damage
- **Hearing loss:** can be congenital, gradual or sudden

## Sinus Allergies and Diseases

- **Allergies:** an immune system response to allergens like pollen, mold and pet dander
- **Chronic sinusitis:** repeat sinus infections over the course of 3 months or more
- **Nasal obstructions:** blockage of the nasal passages from an underlying condition
- **Septal deviation:** one nasal septum is displaced to one side, often from an injury
- **Smelling disorders:** decreased smelling ability or changes in odor perception

## Voice and Swallowing Disorders

- **Taste disorders:** loss of, or reduced, sense of taste or a phantom taste perception
- **Sores of the mouth:** common and treatable ulcers, canker sores or cold sores
- **Laryngitis:** inflammation of the larynx (voice box), often from infection
- **Pharyngitis:** a sore throat, or pain or irritation in the tonsils and pharynx
- **Vocal cord nodules:** growths on the midpoint of the vocal folds, also called singer's nodules
- **Trouble swallowing:** trouble swallowing, often linked to neurological disorders



# Cancers of the Head and Neck

A variety of head and neck cancers exist, and you can count on our team to help you face and overcome them with confidence. We offer personalized, evidence-based care for:

- **Skin cancer of the face and neck:** a common cancer that may be detected in moles
- **Tumors of the salivary glands:** growths that arise in one of the salivary glands
- **Throat cancer:** cancer that develops in the pharynx, larynx or tonsils
- **Thyroid cancer:** affects the thyroid, the butterfly-shaped gland in the neck
- **Oral cancer:** cancers that arise in the mouth

## Cancer Care You Can Count On

Our ENT specialists have pioneered new, minimally invasive surgical techniques for head and neck cancer, including endoscopic skull base surgery, transoral laser microsurgery and transoral robotic surgery. We also collaborate with your medical and radiation oncology teams to deliver you the best care at every step.





## Leading-Edge Treatments for Lasting Relief

We're here to diagnose, treat and manage a wide range of ENT conditions. We'll work to understand your symptoms, deliver an accurate diagnosis quickly and create a personalized treatment plan with your whole-person health in mind.

We offer leading-edge, minimally invasive treatments on both an inpatient and outpatient basis, including:

- Advanced medical imaging
- Cochlear implants
- Ear surgery
- Endocrine surgery
- Endoscopic skull base surgery
- Gamma Knife® radiosurgery
- Implantable hearing aids
- Pediatric ENT services
- Skin, head and neck cancer treatments
- Transoral laser microsurgery (TLM)
- Transoral robotic surgery (TORS)
- Upper airway surgery
- Head & Neck reconstruction, including Microvascular reconstruction (AH Celebration and AH Altamonte only)



# You Deserve to Breathe Easier

If you're concerned about your ears, nose or throat, you don't have to live with your symptoms. Our team helps men and women of all ages overcome a wide variety of ENT concerns so they can feel whole in body, mind and spirit. With leading-edge care and uncommon compassion, we're here to empower you or a loved one your journey to whole-person wellness.

## Let's Talk in Person

To learn more about ENT care or get started with treatment, call 844-527-1333.

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente

