

OB Services

Pregnancy Care Resources Guidebook



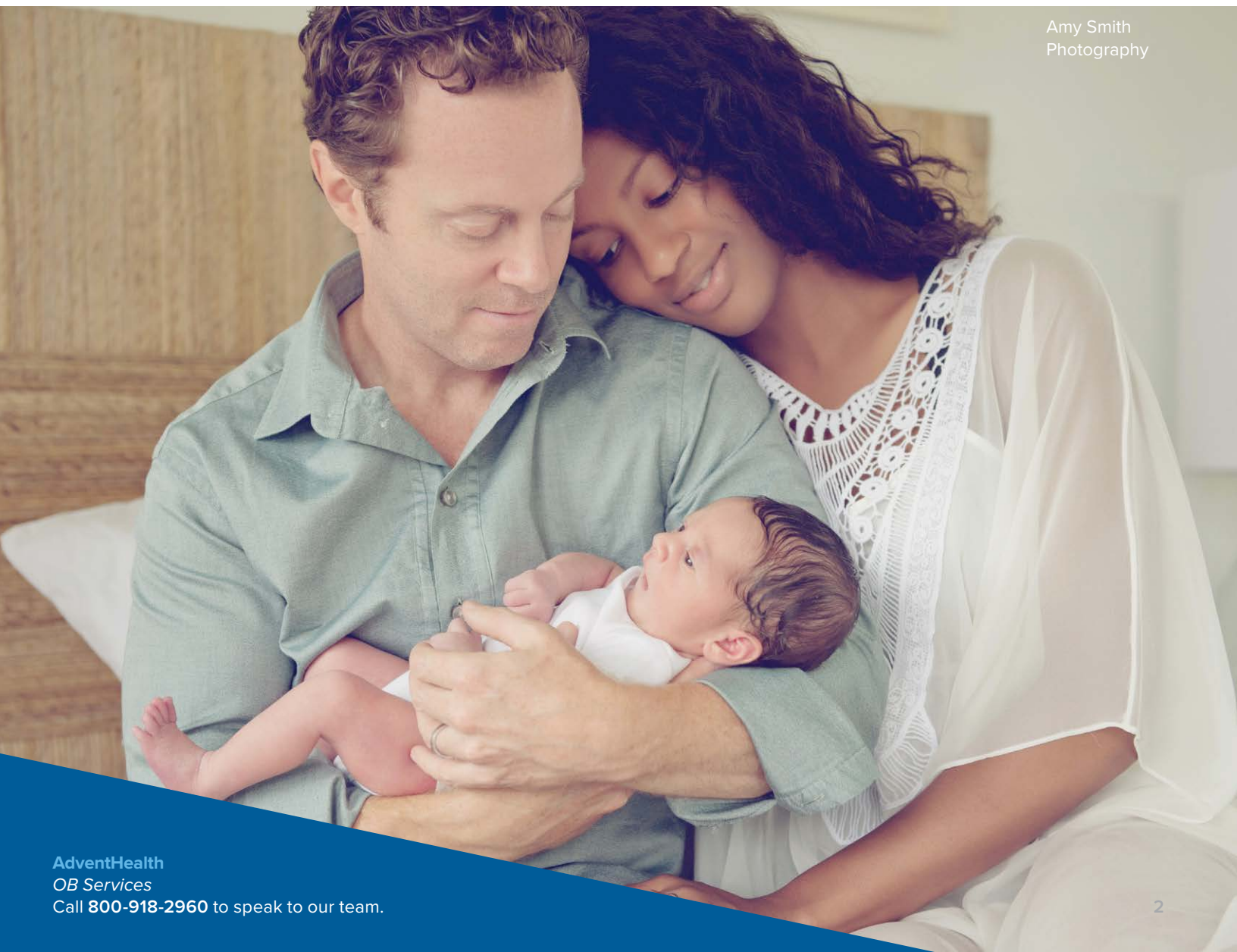
Advent Health
for Women

Delivering Warmth and Compassion.

At AdventHealth, we've carefully designed our three OB locations in Lake and Volusia counties to provide a personal and tailored approach to pregnancy care. From the waiting areas, to the nurses' stations, to your room, you'll experience a welcoming, nurturing environment for your family.

From prenatal visits through the birth of your baby, our experienced medical professionals are dedicated to guiding you with compassion. With convenient locations in Daytona Beach, Orange City (Fish Memorial) and Tavares (Waterman), we provide a wide range of state-of-the-art maternity- and fetal-care programs for you and your growing family.

Amy Smith
Photography





Trusted Experience

AdventHealth is home to world-class physicians, midwives, specialists and care teams that place special focus on the health and well-being of both mother and child throughout the pregnancy journey. Our services include pregnancy care, high-risk pregnancy management, fertility care, advanced fetal medicine, breastfeeding support and parent education. You won't find a more integrated, comprehensive pregnancy-care destination in Florida.

Neonatal Intensive Care Unit

Occasionally, there are times when things don't go as planned, and babies need an extra level of care. That's why we have one of the most comprehensive neonatal care units in the area. Our Level II neonatal intensive care unit (NICU) at AdventHealth Daytona Beach provides access to state-of-the-art newborn care.

Our NICUs have a world-class team of neonatal specialists, supported by the newest technologies and techniques, compassionate and experienced nurses, and the latest treatments to emerge from research labs around the globe. These professionals are focused entirely on the care of critically ill infants, so you can be confident that your baby is in the best hands.

Three Convenient Locations

Quality pregnancy care is provided throughout the AdventHealth network in Flagler, Lake and Volusia Counties. Each unique location is designed to offer a tailored approach to welcome the newest member of your family.

- AdventHealth Daytona Beach
- AdventHealth Fish Memorial
- AdventHealth Waterman

A Birth Experience Tailored to You.

We believe that every woman should have a voice in her birthing experience. That's why we offer a specially trained team committed to making you feel comfortable and cared for, according to your own specifications. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your individual personality.

Birth Experience Team

Your birth experience team is comprised of nurses and certified parent educators with one goal: to make the birth of your child extraordinary. This complimentary service includes a consultation to discuss your expectations and explore the services and amenities available to make your family feel supported and cared for.

We also specialize in creating a comfortable environment by serving as your personal liaison between your family, your doctor and the hospital. We'll help you navigate through insurance requirements, assist with forms and advise you on what to expect throughout the process.

THE BIRTH EXPERIENCE TEAM HELPS WITH:

- Scheduling a tour
- Pre-registering for delivery day
- Signing up for parent education classes
- Scheduling a lactation consultation
- Selecting a pediatrician
- Completing birth wishes





Lactation Support

We strongly support and encourage breastfeeding because it is the healthiest method for providing infant nutrition. In fact, we provide daily lactation consultation rounds and your nurse is also available to assist with breastfeeding.

Comprehensive Pediatric Network

At AdventHealth for Children, our team of more than 140 highly skilled pediatric specialists delivers extraordinary care across more than 35 pediatric subspecialties, including a children's emergency department, a Level IV pediatric epilepsy center, a world-renowned pediatric heart center, Central Florida's first and only

pediatric bone marrow transplant unit and a Level III neonatal intensive care unit (NICU). Additionally, we place special emphasis on preventive health and wellness programs that provide education, support and services for major pediatric health issues such as obesity and diabetes.

Chaplain Services

Chaplain services are available to all families, with chaplains making regular visits to all floors throughout the hospital. Any AdventHealth team member can request a chaplain for you, so feel free to ask. A chapel is open at each hospital 24 hours a day, seven days a week, and is available to all visitors.

Three Convenient Locations

DAYTONA BEACH:

At AdventHealth Daytona Beach, it's the little extras that can make the birth of your child as extraordinary as possible. Attention to detail, along with our team of world-class physicians and nurses providing personalized, whole-person care, has put our birthing center in the top five percent nationally for patient experience.

- A Warm, Soothing Atmosphere
- Brahms Lullaby to Welcome Your Baby
- Flat-Screen TVs and Free WiFi
- Your Time Meal Delivery
- Gourmet Meal for Two
- Mom365 Photographers for Newborn Portraits
- Pull-Out Sofa Beds
- Spacious Beds Built for Bonding
- Special Mini-Cake Celebration for Baby's Birthday
- Suites to Accommodate the Whole Birthing Process

Additionally, AdventHealth Daytona Beach is proud to be Volusia County's only Baby Friendly designated facility providing families with support and options for newborn feeding.

FISH MEMORIAL:

Whether you're a first-timer or seasoned pro, we at AdventHealth Fish Memorial know exactly what you're looking for when it comes to choosing your birthing center. Our brand new location in Orange City provides mom-focused amenities and include:

- A Warm, Soothing Atmosphere
- Flat-Screen TVs and Free WiFi
- Flexible Visiting Hours
- Gourmet Meal for Two
- Spacious Beds Built for Bonding
- Pull-Out Bed for Partner

WATERMAN:

At AdventHealth Waterman we want you to enjoy every moment. We have created a five-star experience personalized to each mom-to-be.

- A Spacious, Soothing Atmosphere
- Flat-Screen TVs and Free WiFi
- Flexible Visiting Hours
- Pull-Out Bed for Partner
- Spacious Beds Built for Bonding

Additionally, AdventHealth Waterman is proud to offer a breast milk depot to help premature babies build a stronger immune system and decrease their risk of infection.



3 Great Ways to Start Your Journey

- 1. Find an OB/GYN:** Our Health Navigation team is available to help you find the right OB/GYN or midwife based on your preferred delivery location.
- 2. Schedule a Mom Consult:** A complimentary one-on-one phone consultation with a Birth Experience Coordinator to discuss your specific questions. This option is best for a mom who has delivered before
- 3. Schedule a Virtual Tour:** A group virtual tour led by a Birth Experience Coordinator that provides an overview of what to expect. This option is best for first-time parents.

Let's connect.

To speak to a member of our team, call 800-918-2960.

This guide is provided to the general public to disseminate health-related information. The information is not intended to be used for diagnosing or prescribing. Please consult your physician before undertaking any form of medical treatment and/or adopting any exercise program or dietary guidelines.

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente.