

# Pregnancy Care Services Guidebook



  
**Advent Health**

*Formerly Florida Hospital*

# Pregnancy Care Delivered with Warmth and Compassion

At AdventHealth, we've carefully created a safe, welcoming environment — the perfect place to meet your new baby. With convenient locations throughout the Tampa Bay area, we're dedicated to providing a wide range of maternal, fetal and newborn care programs for your growing family.

Our experienced and dedicated staff of medical professionals understand the need for compassion when treating new moms and guiding them through a successful pregnancy. Our approach is to ensure you have everything you need during this time while also helping you prepare for birth and parenthood.

## Trusted Experience

AdventHealth is home to expert physicians, specialists and care teams that focus on the health and well-being of both mother and baby throughout the pregnancy journey. Our services include midwifery, high-risk pregnancy management, advanced fetal medicine, advanced neonatal care, breastfeeding support and parent education. Take comfort in knowing that highly specialized care is close to home.

## Neonatal Intensive Care

In the event your newest arrival needs extra attention, the devoted specialists of our neonatal intensive care unit (NICU) are here to deliver the highest level of care for your newborn baby. Our Level III NICU at AdventHealth Tampa provides access to a world-class team of board-certified neonatologists and nurse practitioners from All Children's Specialty Physicians. Supported by the newest technologies and techniques, our compassionate, skilled nurses and respiratory therapists use the latest evidence-based treatments. They are focused entirely on the care of critically ill infants, so you can be confident that your baby is in the best hands.

## Convenient Locations

Each location throughout the AdventHealth network offers the same quality maternity care tailored to you and your baby.

- AdventHealth Tampa
- AdventHealth Wesley Chapel
- AdventHealth Zephyrhills





## The Birth Day Experience.®

The birth of your baby is one of the most precious moments of your life. At AdventHealth, we understand just how special that moment is. That's why we personalize every step of the birth experience for you. Discover a new level of customized care with our comprehensive obstetrics services, including a Birth Designer and Birth Advocate team to assist you throughout your journey and special touches to create a one-of-a-kind celebration for your baby's real birth day.

The Birth Day Experience Team:

- **Meets with you one-on-one to create a personal birthing plan**
- **Answers labor and postpartum questions to put you at ease**
- **Serves as your personal liaison between your obstetrician's office and The Baby Place (OB department)**
- **Provides support throughout pregnancy, delivery and postpartum care**

### Exclusive Tailored Services

We believe every woman should have the opportunity to create the birthing experience of her dreams. That's why we offer a specially trained team committed to making you feel comfortable and pampered according to your own specifications. This includes Your Time Delivery Meal Service for mom and dad, an extra special meal for mom and day, and concierge services for you and your family. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your unique personality.

### Personalized Amenities

We offer a wide range of personalized amenities to make your stay as comfortable as possible. From complimentary valet parking upon your arrival to room service, thoughtful touches are designed with your family in mind. Our private rooms combined with superior service create a special experience as you welcome your new arrival.

### Lactation Support

Beneficial to both mom and baby, we strongly support and encourage breastfeeding as the healthiest method of infant nutrition. In fact, we provide daily lactation consultation rounds and your nurse is also available to assist with breastfeeding. After you leave the hospital, our postpartum support groups offer continued guidance.

### Parenting Classes

The goal of our parent education classes is to enable you to start this new phase of your life with confidence and excitement. We offer a variety of courses to cover topics such as physical and mental preparation for labor and birth, breastfeeding, newborn care and more. Because they fill up quickly, we recommend registering for classes during your second trimester and taking them in the third trimester.





# Pediatric Specialty Care

AdventHealth Tampa is proud to offer a Level III NICU and a Pediatric Intensive Care Unit (PICU) when a higher level of care is needed for our youngest patients.

## Level III NICU

The NICU is staffed 24 hours a day, seven days a week, by an experienced team of in-house, board-certified neonatologists from Johns Hopkins All Children's Hospital, neonatal nurses and respiratory therapists, high-risk babies receive the best possible care.

## Pediatric Intensive Care Unit

The Pediatric Intensive Care Unit (PICU) at AdventHealth Tampa is the only provider of critical care services for infants and children through age 17 in northern Hillsborough and eastern Pasco counties. Staffed with board-certified pediatric intensivists from Johns Hopkins All Children's Hospital, we're expertly equipped to handle your family's most critical health needs.

## Specialized Physicians

Through an affiliation with Johns Hopkins All Children's Hospital, our patients have access to specialized physicians, including All Children's Specialty Physicians, each with a particular expertise and clinical interests in the following areas:

- Cardiology\*
- Critical Care\*
- Endocrinology
- Gastroenterology
- General Pediatric Surgery\*
- Hematology/Oncology\*
- Hospital Medicine\*
- Infectious Disease
- Neonatology\*
- Neurology
- Orthopedics
- Otolaryngology (ENT)
- Pulmonology\*

*\* Care provided by All Children's Specialty Physicians*



# Additional Resources for You

## Chaplain Services

Chaplain services are available to all families, with chaplains making regular visits to every floor in the hospital. Any AdventHealth team member can request a chaplain for you, so please feel free to ask. A chapel is open at each hospital 24 hours a day, seven days a week, and is available to all visitors.

## Insurance Questions

If you have questions or need advice regarding your insurance coverage, your Birth Experience Team will be happy to help you through the process.

## Pre-Registration

We also offer pre-registration to make your arrival on your due date more convenient, allowing you to be escorted once you arrive and complete the registration process at your bedside.

## Next Steps

If this is your first baby, you might have a lot of questions. And even if it isn't, you may need a few reminders. Take heart knowing you have us as your partner on the pregnancy path and beyond. Every journey begins with a single step, so let's get started.





## Visit Us

We recommend you schedule a tour to see our birthing suites and facilities. Depending on your preference, we can schedule a private tour for you and your family, or you can join a larger group tour. To schedule a tour, please call today.

This guide is provided to the general public to disseminate health-related information. The information is not intended to be used for diagnosing or prescribing. Please consult your physician before undertaking any form of medical treatment and/or adopting any exercise program or dietary guidelines.

AdventHealth is a trusted member of one of America's largest, not-for-profit health care systems.

