

# OB Services

Pregnancy Care Resources Guidebook



**Advent Health**  
for Women

## Delivering Warmth and Compassion.

At AdventHealth for Women, we've carefully designed our five Baby Place locations to provide a personal and tailored approach to pregnancy care. From the waiting areas, to the nurses' stations, to your room, you'll experience a welcoming, nurturing environment for your family.

From prenatal visits through the birth of your baby, our experienced medical professionals are dedicated to guiding you with compassion. With convenient locations in Altamonte Springs, Celebration, Orlando, Tavares (Waterman) and Winter Park, we provide a wide range of state-of-the-art maternity- and fetal-care programs for you and your growing family.

Amy Smith  
Photography



## Trusted Experience

AdventHealth for Women is home to world-class physicians, midwives, specialists and care teams that place special focus on the health and well-being of both mother and child throughout the pregnancy journey. Our services include pregnancy care, high-risk pregnancy management, fertility care, advanced fetal medicine, breastfeeding support and parent education. You won't find a more integrated, comprehensive pregnancy-care destination in Florida.

## Neonatal Intensive Care Unit

Occasionally, there are times when things don't go as planned, and babies need an extra level of care. That's why we have the largest neonatal care network in Central Florida providing access to the highest level of newborn care recognized by *U.S. News & World Report*.

Our NICUs have a world-class team of neonatal specialists, supported by the newest technologies and techniques, compassionate and experienced nurses, and the latest treatments to emerge from research labs around the globe. These professionals are focused entirely on the care of critically ill infants, so you can be confident that your baby is in the best hands.

## Five Convenient Locations

Quality pregnancy care is provided throughout the AdventHealth for Women network. Each unique location is designed to offer a tailored approach to welcome the newest member of your family.

- AdventHealth Altamonte Springs
- AdventHealth Celebration
- AdventHealth Orlando
- AdventHealth Waterman
- AdventHealth Winter Park

## We're on this journey with you.

If this is your first baby, you probably have plenty of questions running through your mind. And even if it isn't, you may need a few reminders. As they say, every journey begins with a single step. So let's get started.

### FIRST TRIMESTER



Visit your OB/GYN.



Review your insurance policy.



Register for the Baby Place Academy® App to get access to parent education in the palm of your hand. Visit [BabyPlaceAcademyApp.com](http://BabyPlaceAcademyApp.com)



Schedule your Baby Place tour with our birth experience team at [BabyPlaceTour.com](http://BabyPlaceTour.com).

### SECOND TRIMESTER



Tour The Baby Place with our birth experience team.



Complete your Birth Wishes form to customize your birth experience.



Enhance your experience with upgraded amenities. Visit [BabyPlaceConcierge.com](http://BabyPlaceConcierge.com) to view our full menu.



Pre-register for your delivery day at [BabyPlacePreReg.com](http://BabyPlacePreReg.com).



Attend parent education and childbirth classes. Review available class offerings at [BabyPlaceAcademy.com](http://BabyPlaceAcademy.com).

### THIRD TRIMESTER



Make a trial run to the hospital.



Explore cord-blood banking options.



Choose your baby's pediatrician. To find a provider, visit [HerHealthNavigator.com](http://HerHealthNavigator.com).



Pack your hospital bag.



Welcome your newest addition!

### FOURTH TRIMESTER



Schedule your OB follow-up appointment.



Schedule your baby's follow-up appointment.



Attend the Baby Bunch support luncheon for new moms and babies.

## A Birth Experience Tailored to You.

We believe that every woman should have a voice in her birthing experience. That's why we offer a specially trained team committed to making you feel comfortable and cared for, according to your own specifications. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your individual personality.

### Birth Experience Team

Your birth experience team is comprised of nurses and certified childbirth educators with one goal: to make the birth of your child extraordinary. This complimentary service includes a consultation to discuss your expectations and explore the services and amenities available to make your family feel supported and cared for.

We also specialize in creating a comfortable environment by serving as your personal liaison between your family, your doctor and the hospital. We'll help you navigate through insurance requirements, assist with forms and advise you on what to expect throughout the process.

### THE BIRTH EXPERIENCE TEAM HELPS WITH:

- Scheduling a tour
- Pre-registering for delivery day
- Signing up for parent education classes
- Scheduling a lactation consultation
- Selecting a pediatrician
- Completing birth wishes

### Personalized Amenities

At AdventHealth for Women, our focus is on providing personalized support during pregnancy, delivery and beyond. Our team of experts along with our upgraded amenities and services allow new parents to have peace of mind throughout their journey. Each of our five locations are state-of-the-art and offer world-class care. We also know comfort is a must for expectant parents, which is why we are proud to offer:

- Private, spacious patient rooms
- Overnight guest accommodations
- Comfortable seating for visitors
- Large bathrooms with a walk-in shower
- Flat screen TVs
- Complimentary Wifi
- Room service
- Anytime visiting hours
- Concierge services and upgraded amenities
- And much more





## Lactation Support

We strongly support and encourage breastfeeding because it is the healthiest method for providing infant nutrition. In fact, we provide daily lactation consultation rounds and your nurse is also available to assist with breastfeeding. After you leave the hospital, our postpartum support groups provide ongoing lactation support. Be sure to visit the Breastfeeding Support and Education Center at AdventHealth for Women in Orlando, which offers:

- Breast-pump sales and rentals
- Breastfeeding classes
- Lactation consultants
- Personalized nursing-bra fitting (by appointment)
- A dedicated phone number you can call to talk about breastfeeding issues at 407-303-7650

## The Baby Place Academy

The goal of our parent education classes is to enable you to start this new phase of your life with confidence and ease. We offer a variety of classes that cover topics such as physical and mental preparation for labor and birth, epidural anesthesia, breastfeeding, newborn care and more. Because they fill up quickly, we recommend registering for classes during your second trimester and taking them in the third trimester. A comprehensive online class is also available.

To view the schedule and register for classes, visit [BabyPlaceAcademy.com](http://BabyPlaceAcademy.com).

## Comprehensive Pediatric Network

At AdventHealth for Children, our team of more than 140 highly skilled pediatric specialists delivers extraordinary care across more than 35 pediatric subspecialties, including a children's emergency department, a Level IV pediatric epilepsy center, a world-renowned pediatric heart center, Central Florida's first and only pediatric bone marrow transplant unit and a Level III neonatal intensive care unit (NICU). Additionally, we place special emphasis on preventive health and wellness programs that provide education, support and services for major pediatric health issues such as obesity and diabetes.

## Chaplain Services

Chaplain services are available to all families, with chaplains making regular visits to all floors throughout the hospital. Any AdventHealth team member can request a chaplain for you, so feel free to ask. A chapel is open at each hospital 24 hours a day, seven days a week, and is available to all visitors.

## Baby's First Portrait\*

Infant photography is available before you check out. Please feel free to bring any hats, outfits or props that you would like your baby photographed with. Visit [MyBabyFacePortraits.com](http://MyBabyFacePortraits.com) to view the gallery and package options.

\*Not available at AdventHealth Waterman



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## Take charge of your care.

If you've recently learned you are pregnant, call a member of our team at the number below. We'll be happy to answer all of your questions and make an appointment for you to come visit us. You'll get a chance to meet some of our care providers and learn about the facility.

## Let's talk in person.

**To speak to a member of our team,  
call 855-840-9795.**

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